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CODE OF PRACTICE

Distributed Power Freight Trains





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### 1 Introduction

### 1.1 Introduction

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In freight rail operations, the term 'distributed power' refers to the practice of placing locomotives at more than one location within the train. Such practice is differentiated from conventional freight train practice where all the locomotives are marshalled at the front of the train, a configuration known as 'head end power'. Distributed power trains may take many different configurations to suit various purposes including the following examples:

- (a) Push-pull arrangement with one or more locomotive at each end.
- (b) 'Bank locomotive' arrangement with temporary locomotives pushing from the rear to assist on ascending grades.
- (c) Long trains with locomotives distributed at several locations along the train, often in groups known as 'consists'.

Each configuration may suit a different purpose. For example, a push-pull configuration enables the direction to be easily reversed for operational convenience and the use of bank locomotives is convenient where extra tractive effort is required at one location only. Distributed power enables an increase in train length which would otherwise be limited by the traction, coupler and brake limits of using head end power only. Distributed power therefore has the advantage of reducing in-train forces by distributing traction and braking forces along the train.

### 1.2 Purpose

The purpose of this document is to establish a code of good practice for stakeholder activities related to the operation of distributed power freight trains.

#### 1.3 Scope

This Code of Practice covers activities related to the operation of distributed power freight trains. It is intended as a guidance document and contains high level functional recommendations rather than prescriptive requirements.

This Code of Practice is intended to cover most types of distributed power trains and considers manual distributed power, as well as wired and radio frequency type distributed power systems (WDP, RFDP). It does not exclude other types where it can be demonstrated that safety and network interface requirements can be met.

This Code of Practice does not cover the requirements for fully automated driverless trains ie the process for automating driver functions as carried out by the crew in the lead locomotive. However, some of the content may be applicable to driverless distributed power freight trains recognising that control is affected by means other than on-board crew.

Users of this Code of Practice should not rely solely on this document and are required to satisfy themselves that all relevant risks have been identified and risk controls adopted are satisfactory for their specific distributed power train operations.

This code of practice refers to established WDP and ECP standards and practices developed under the Association of American Railroads (AAR) Manual of Standards and Recommended Practices (MSRP) including commercial WDP and ECP systems developed to comply with the AAR standards. However, this Code of Practice does not exclude the adoption of alternative WDP and ECP systems which may not comply with the AAR standards, on condition that suitable assurance is provided that an equivalent or superior level of safety is achieved in operations. It should be noted that at the time of writing, the AAR did not have published